



# CAPSULE WORKSHEET

Wipe down medicine making area and wash hands...

**CAPSULE PREP:** \_\_\_\_\_  
**Batch #** \_\_\_\_\_ **Date** \_\_\_\_\_

**Botanical** \_\_\_\_\_ **Part Used** \_\_\_\_\_ **Amount** \_\_\_\_\_  
**ProperID/ Source** \_\_\_\_\_

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**ProperID/ Source** \_\_\_\_\_

## PROCESS

- Weight out herbs.
- Grind herbs in grinder and sift fine.
- Mix thoroughly in clean container.
- Cap (make sure to press each individual cap after making)
- CAPPER TYPE: \_\_\_\_\_
- CAPSULE MATERIAL: \_\_\_\_\_

*SIZE "1" "0" "00"*

- Document # of capsules produced from batch: \_\_\_\_\_
- Appox. Weight per capsule \_\_\_\_\_ (Tip: Take weight of 20 capsules and divide by 20.)
- Bag or bottle (use desiccator if necessary) and label with the following:
  - o **batch number, date, botanical ingredients, type / size of capsule, approximate weight of capsule.**

## NOTES

\_\_\_\_\_  
\_\_\_\_\_

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